

Exploring the biological activities of carotenoids on preformed *Pseudomonas aeruginosa* biofilms: focus on β -carotene and astaxanthin

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Outline

- Antimicrobial resistance
- *Pseudomonas aeruginosa*
 - Biofilm & virulence factors
- Carotenoids
 - Structure-activity
 - Carotenoid known for its anti-biofilm activity
- Astaxanthin
- β -carotene
- Prospects



Antimicrobials

- Most effective drug treatments
 - Life expectancy has increased by 23 years since the first antibiotic in 1924
 - Flemming discovered Penicillin
 - 150 new antibiotics have been developed
- Widespread overuse leads to worldwide spreading of resistance





Antimicrobial resistance: numbers talk

- Among top 10 global health threats
- Murray et al. estimated that 4,95 million deaths/year were associated with bacterial antibiotic resistance
- The World Bank estimates that up to 3.8% of the global gross domestic product could be lost due to antimicrobial resistance by 2050
- Antimicrobial involvement in agriculture and food systems have an impact on driving antimicrobial resistance

Antimicrobial resistance: Silent Pandemic

- Urgent action
- If not : antimicrobial resistance become the world's primary cause of death = 10 million deaths/year by 2050
- Not only a global public health but also socioeconomic problem
- Modern medicine depends on effective antimicrobials
- WHO published a list of antibiotic-resistant "priority pathogens"



Priority pathogens

WHO priority pathogens list for R&D of new antibiotics

Priority 1: CRITICAL

- *Acinetobacter baumannii*, carbapenem-resistant
- *Pseudomonas aeruginosa*, carbapenem-resistant
- *Enterobacteriaceae*, carbapenem-resistant, ESBL-producing

Priority 2: HIGH

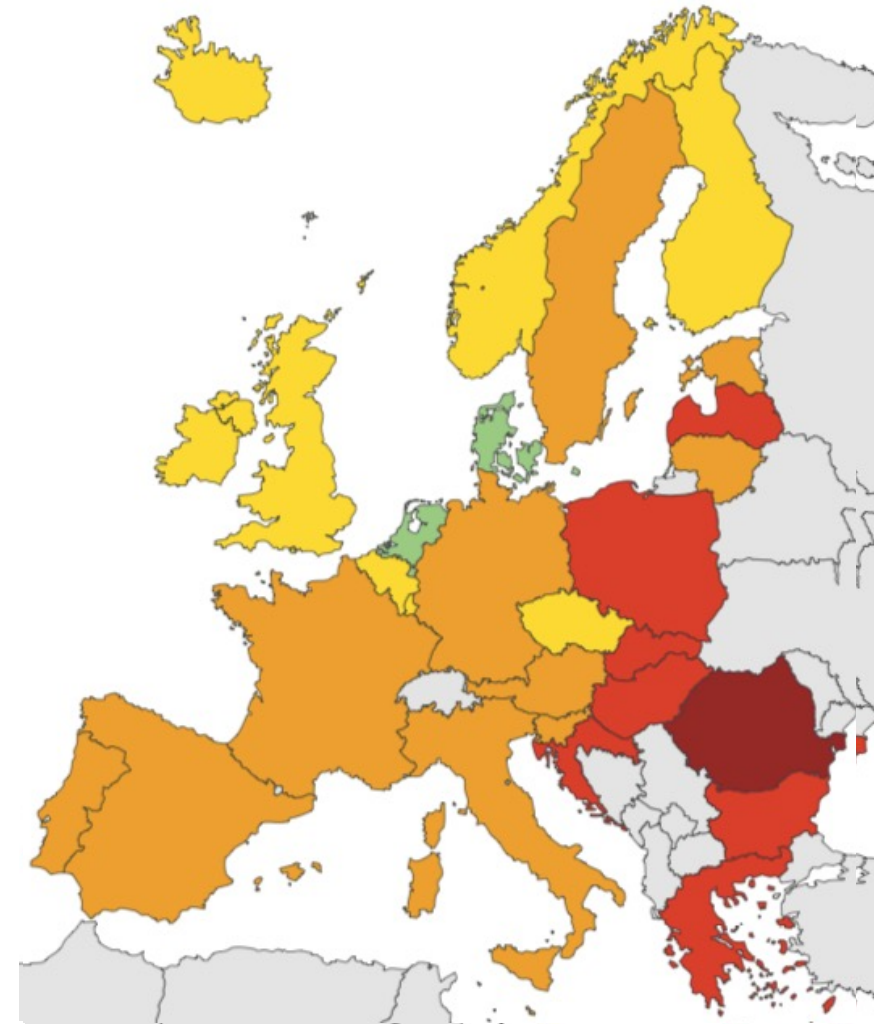
- *Enterococcus faecium*, vancomycin-resistant
- *Staphylococcus aureus*, methicillin-resistant, vancomycin-intermediate and resistant
- *Helicobacter pylori*, clarithromycin-resistant
- *Campylobacter* spp., fluoroquinolone-resistant
- *Salmonellae*, fluoroquinolone-resistant
- *Neisseria gonorrhoeae*, cephalosporin-resistant, fluoroquinolone-resistant

Priority 3: MEDIUM

- *Streptococcus pneumoniae*, penicillin-non-susceptible
- *Haemophilus influenzae*, ampicillin-resistant
- *Shigella* spp., fluoroquinolone-resistant

Pseudomonas aeruginosa

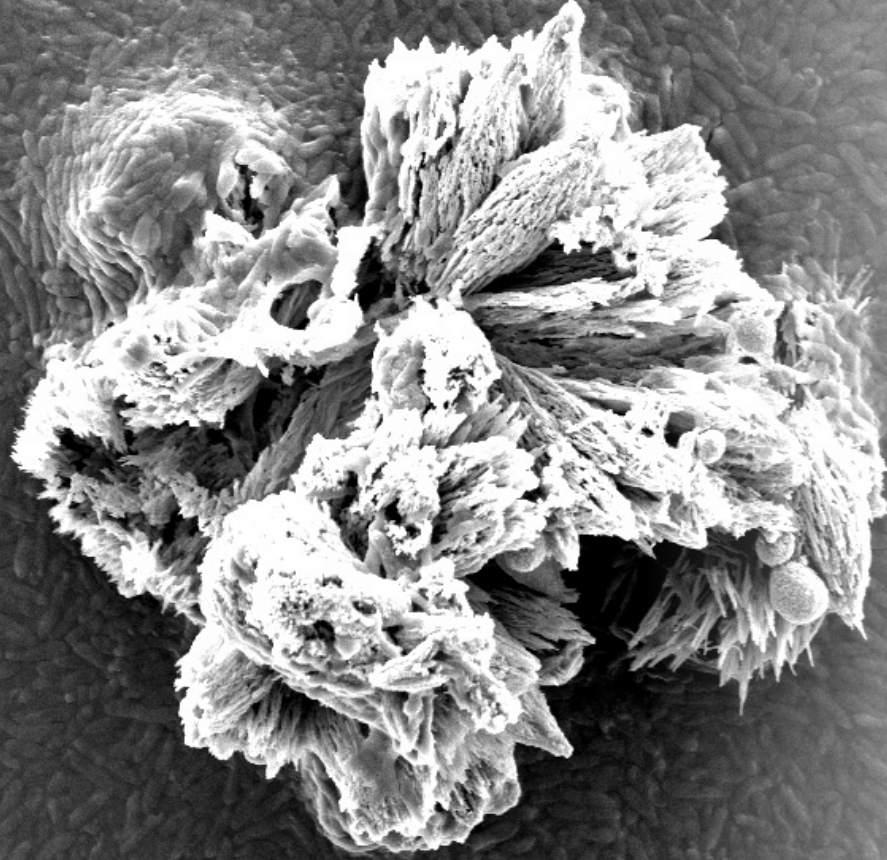
- Worrying situation in Europe



World Health
Organization

Fluoroquinolones
Ampicillin-sulbactam
Cephalosporins
Clazobactam

Pseudomonas aeruginosa



- Gram-negative aerobic rod-shaped and ubiquitous bacterium
- Opportunistic!
- high mortality rate in patients diagnosed with cystic fibrosis, neonatal infections, cancer, and severe burns = Life-threatening
 - causing more than 50% of healthcare-acquired infections

Pseudomonas aeruginosa

- Ability to form biofilm = most important virulence determinants
 - Leading to chronic infections
 - Increasing resistance to antibiotics

Pili
&
Flagella

→ Colonization & invasion

Exotoxins

→ Tissue damage

Elastase

→ Infection spread

Pyocyanin
&
Alginate

→ Oxidative damage

→ Defense against
phagocytosis & antibiotics

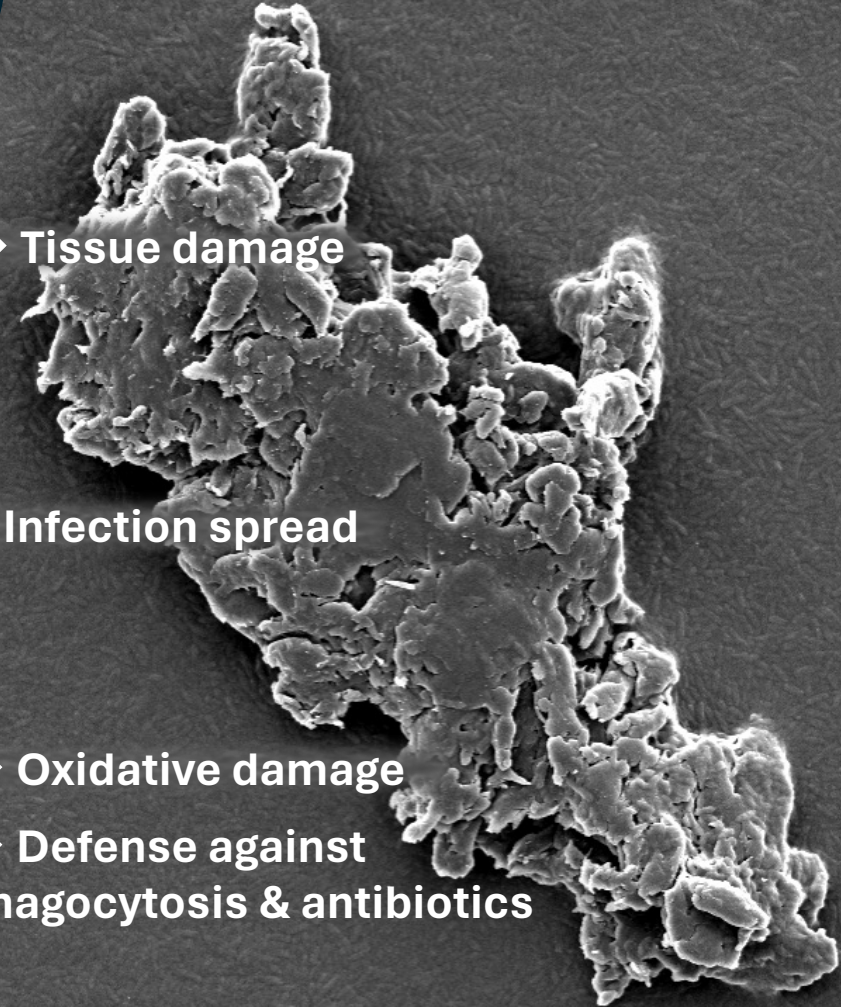
Type III
secretion

→ Disrupt host cell functions

x1,000

5.0kV LED

10µm UMONS 11
SEM WD 9.2mm



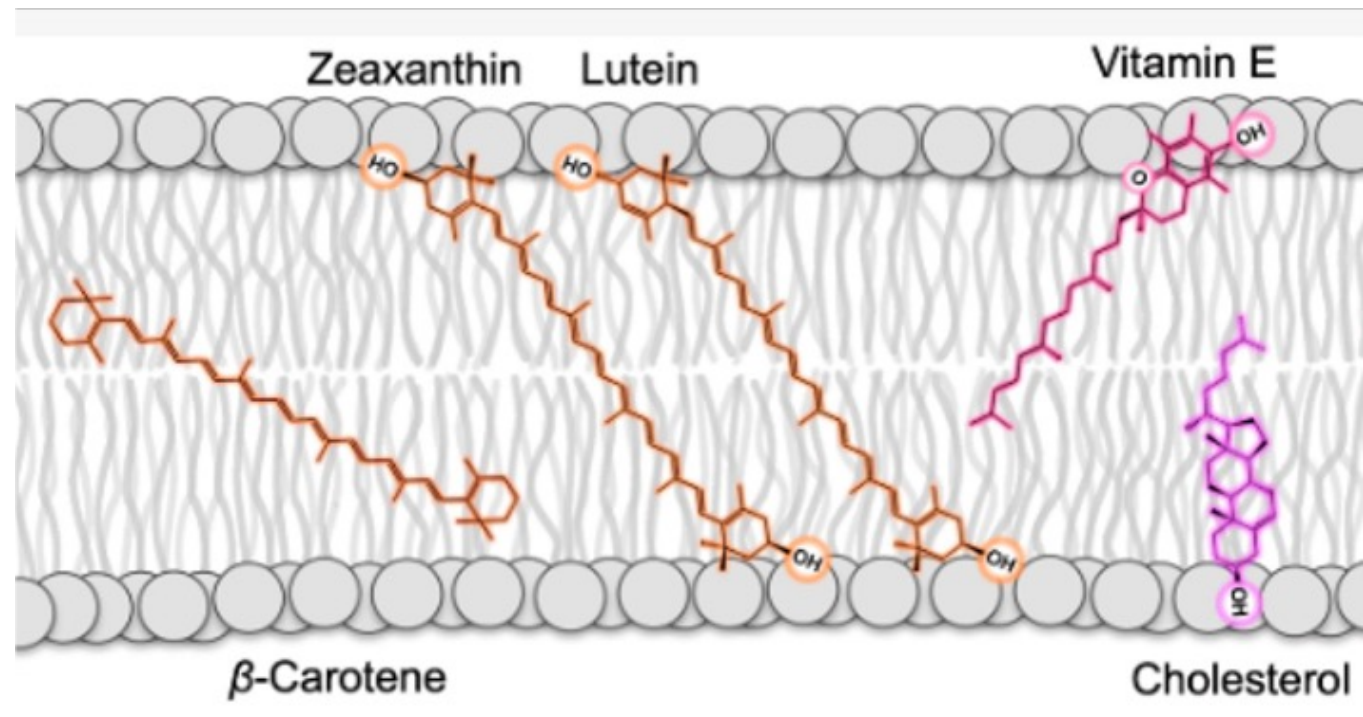
Carotenoids

Antioxidant and Pro-oxidant Effects

Cell Communication Disruption

Bacterial Membrane Disorganization

Impact on Biofilm Matrix



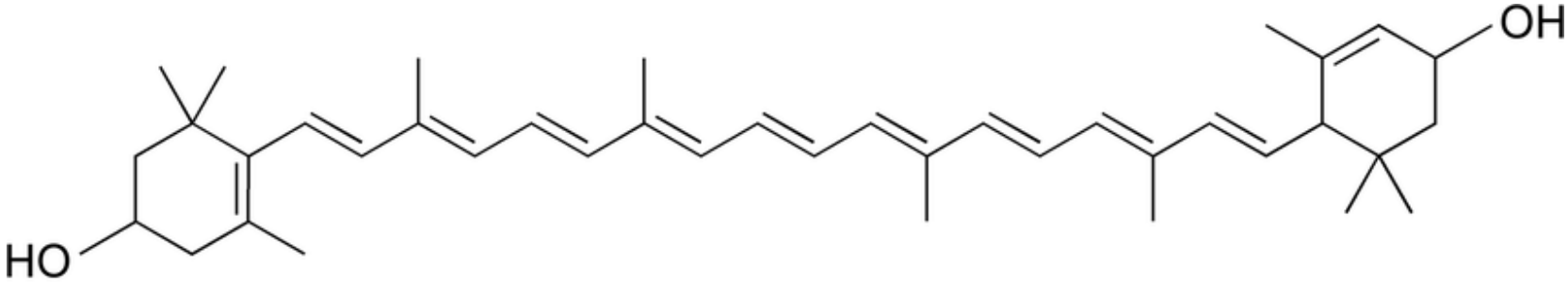
➔ Structure-activity relationship ?

Carotenoids

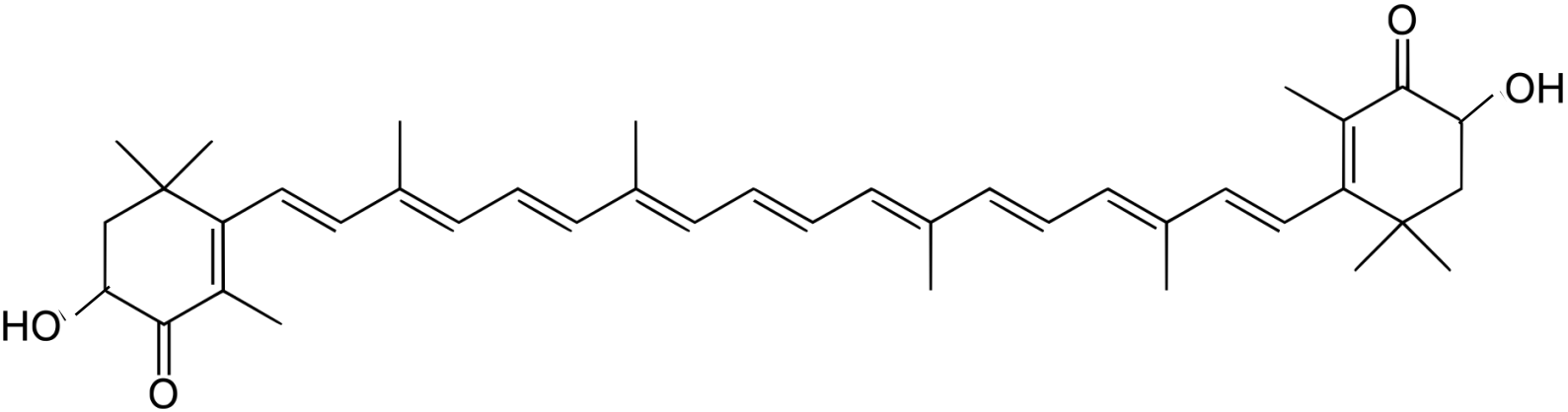
Zeaxanthin	acts as a quorum sensing inhibitor, reducing biofilm formation and virulence factor expressions in <i>Pseudomonas aeruginosa</i>
Lutein	disrupts biofilm formation in <i>Pseudomonas aeruginosa</i> and enhances the bactericidal effects of tobramycin.
Carotenoid pigment from <i>Rhodotorula glutinis</i>	disrupts biofilm formation in food spoilage bacteria by suppressing quorum-sensing genes.
Carotenoids from <i>Fenneropenaeus indicus</i> , <i>Penaeus semisulcatus</i>	Bioactive carotenoids extracted from the head and carapace of three shrimp species demonstrated significant antibacterial and biofilm inhibition properties, particularly against Gram-positive bacteria.
Yellow carotenoid pigment extracted from <i>Kocuria sp.</i> GMA	Effective antimicrobial and antibiofilm properties against various pathogens.
Pigments from <i>Rhodococcus sp. SC1</i>	These pigments, primarily carotenoids, demonstrated antibacterial and antibiofilm properties, showing potential for medical applications due to their ability to inhibit biofilm formation and bacterial growth.
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Astaxanthin ?



Lutein



Astaxanthin

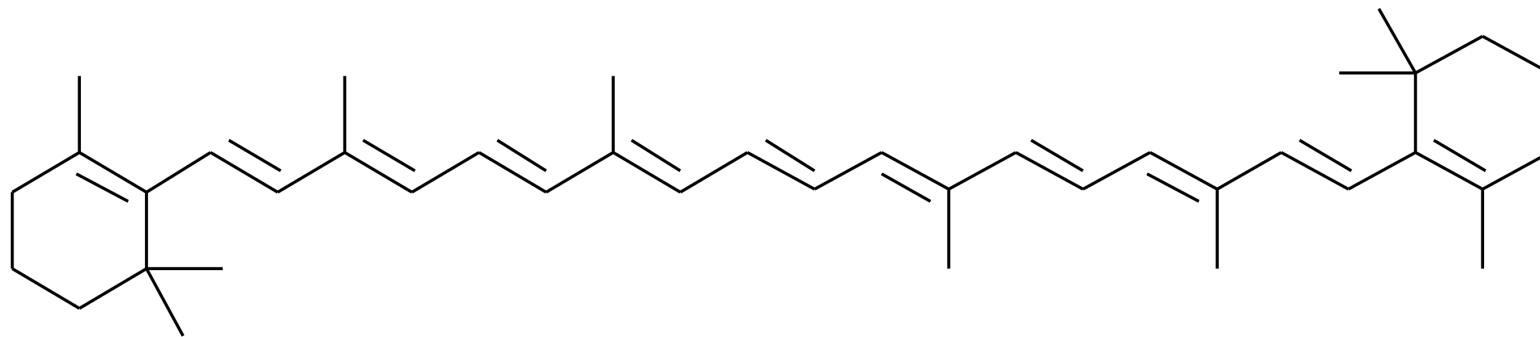
β -carotene ?

Plant extracts from several ethnomedicinal plants containing β -carotene show a biofilm activity against *P.aeruginosa*

The extract of *Prangos ferulacea*, which contains beta-carotene, significantly reduces biofilm formation in *Listeria monocytogenes* by altering the expression of key virulence and stress response genes.

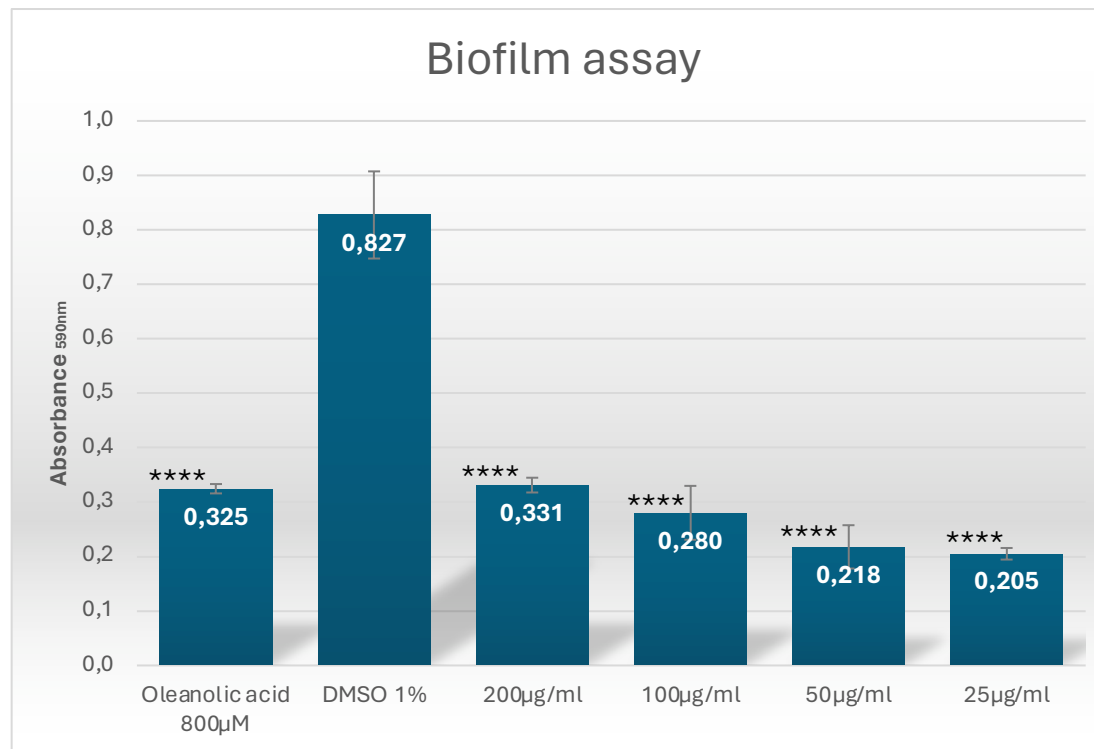
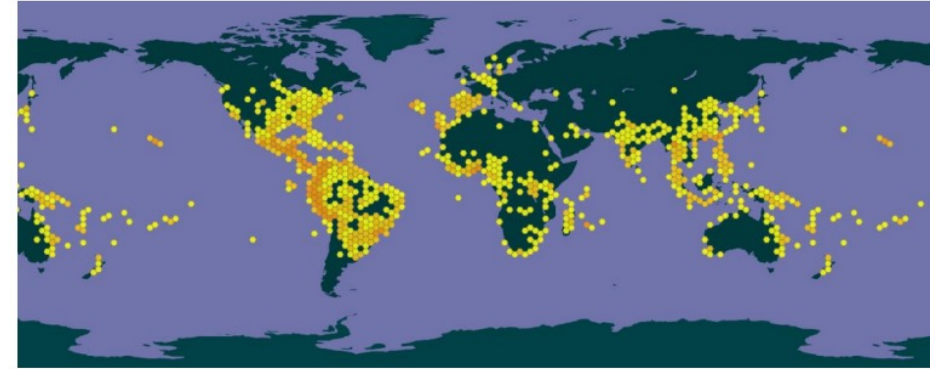
The extract of *Lagenaria siceraria*, which contains beta-carotene, demonstrates significant antibiofilm activity, particularly effective against *Streptococcus pneumoniae* and *Staphylococcus aureus*.

The study on *Lactuca serriola* extract, which contains beta-carotene, demonstrated significant antibacterial and anti-biofilm effects against clinically isolated strains of *Porphyromonas gingivalis* and *Prevotella intermedia*.



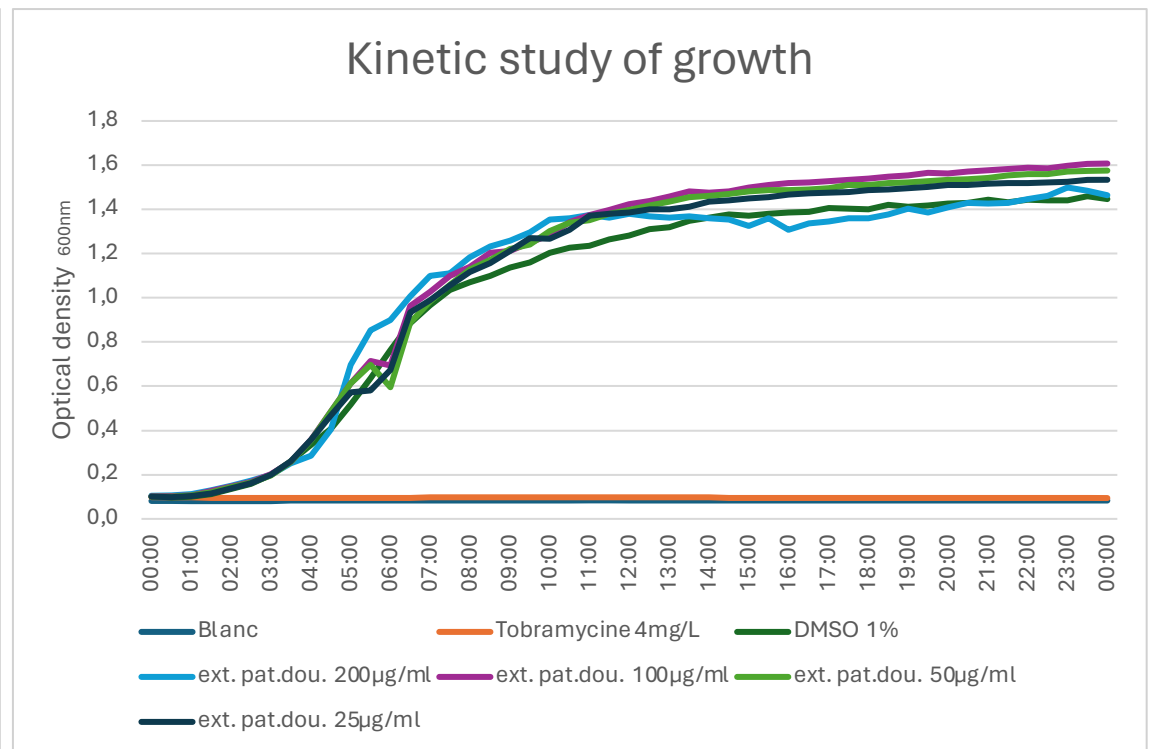
Ipomoea batatas extracts

- **β -carotene** : About 90% or more of the total carotenoids
- **α -carotene** : About 5% or less of the total carotenoids
- **Lutein** : Less than 5% of the total carotenoids
- **Zeaxanthin** : Less than 1% of the total carotenoids



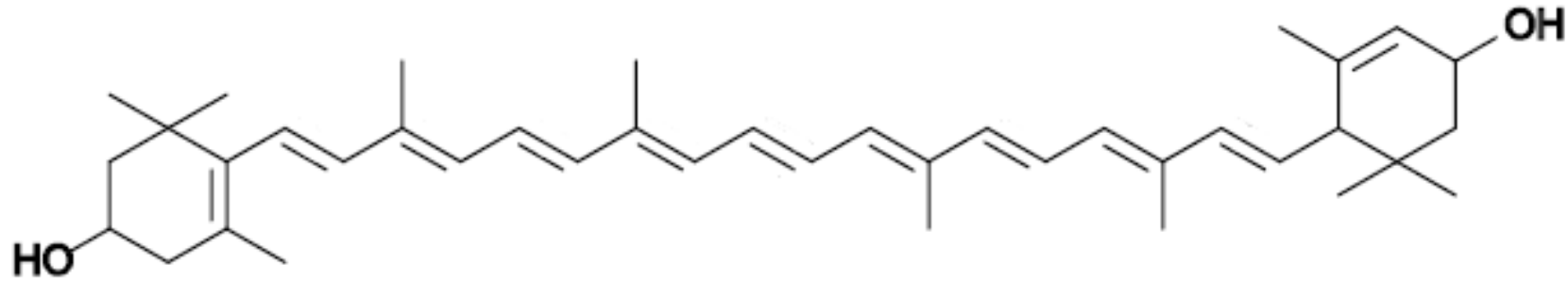
By crystal violet staining

**** p < 0,0001 (n=3; biological replicates)

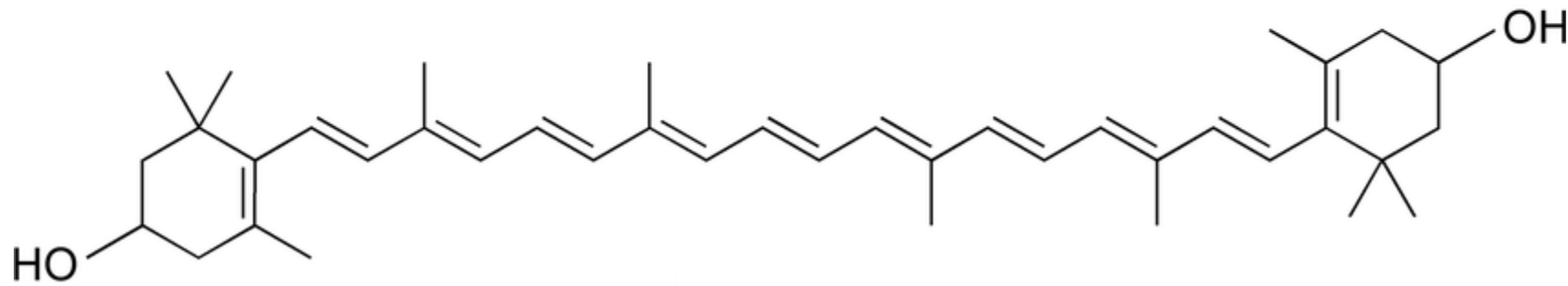


(n=6; average from 6 biological replicates)

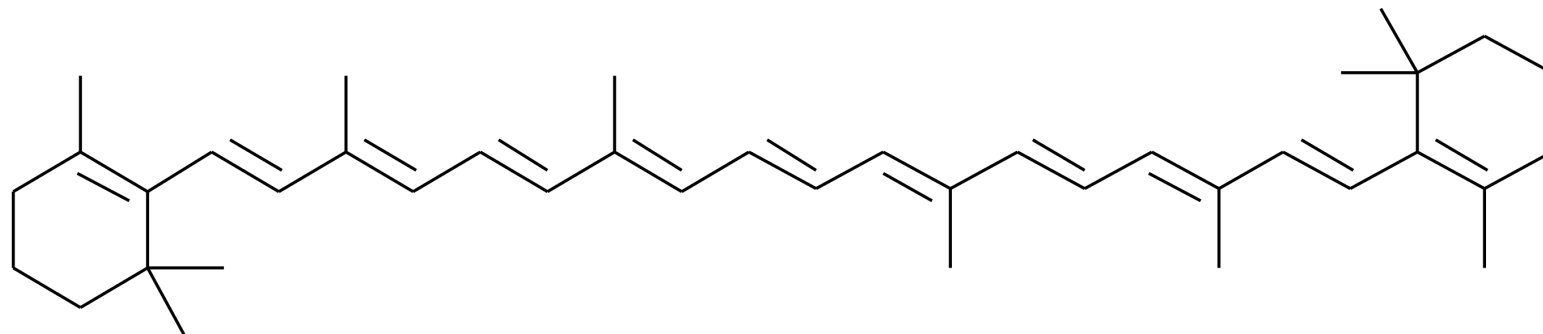
β -carotene ?



Lutein

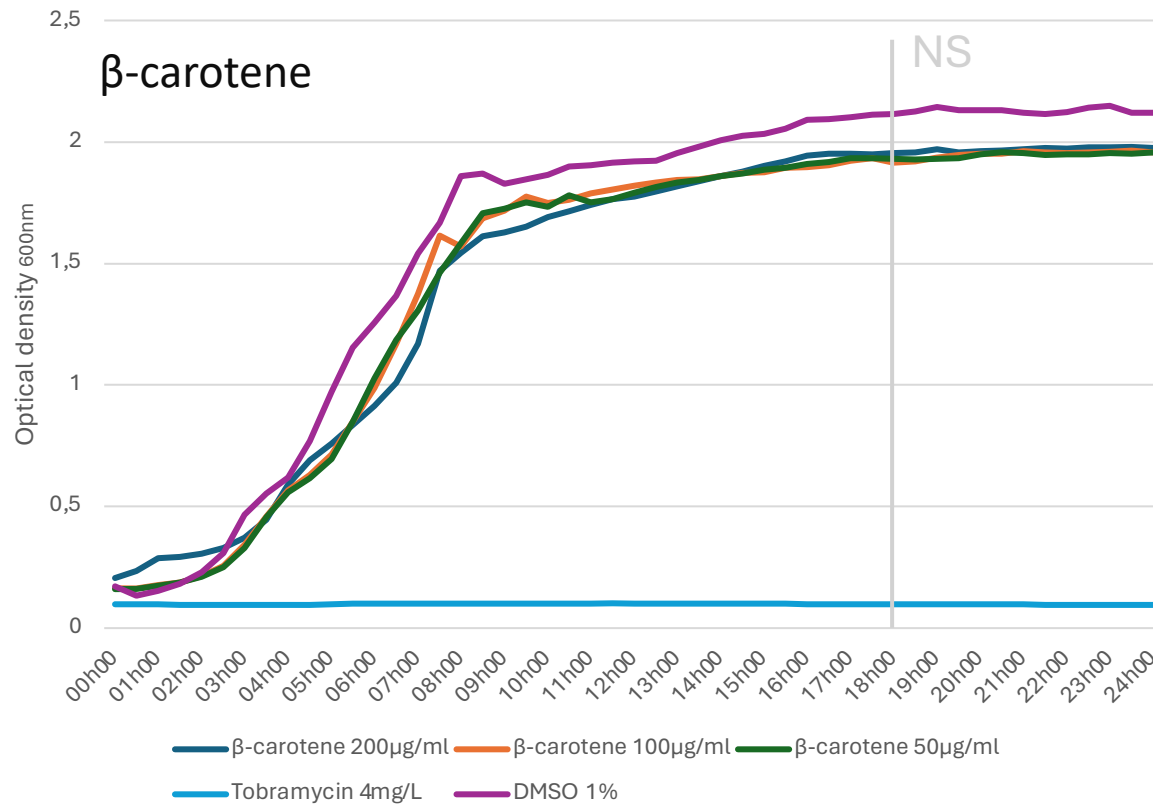


Zeaxanthin

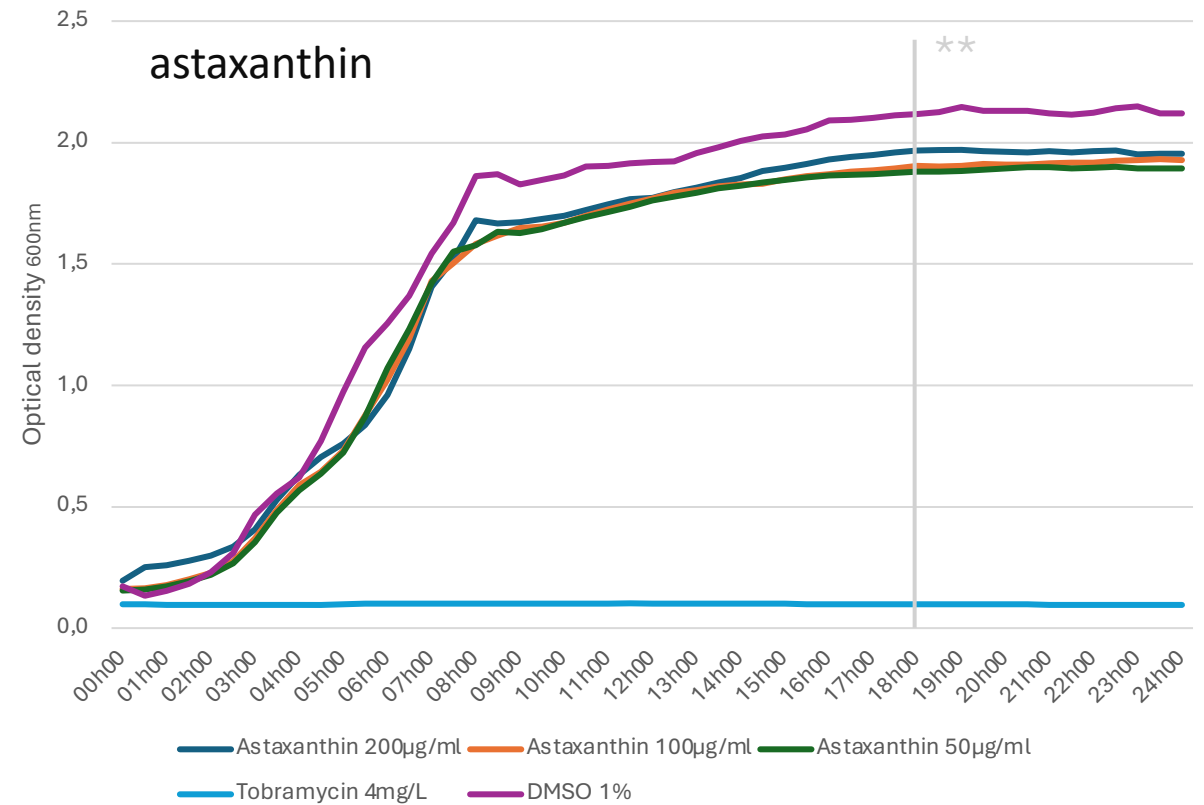


β -carotene

Kinetic analysis of *Pseudomonas aeruginosa* growth in presence of β -carotene or astaxanthin

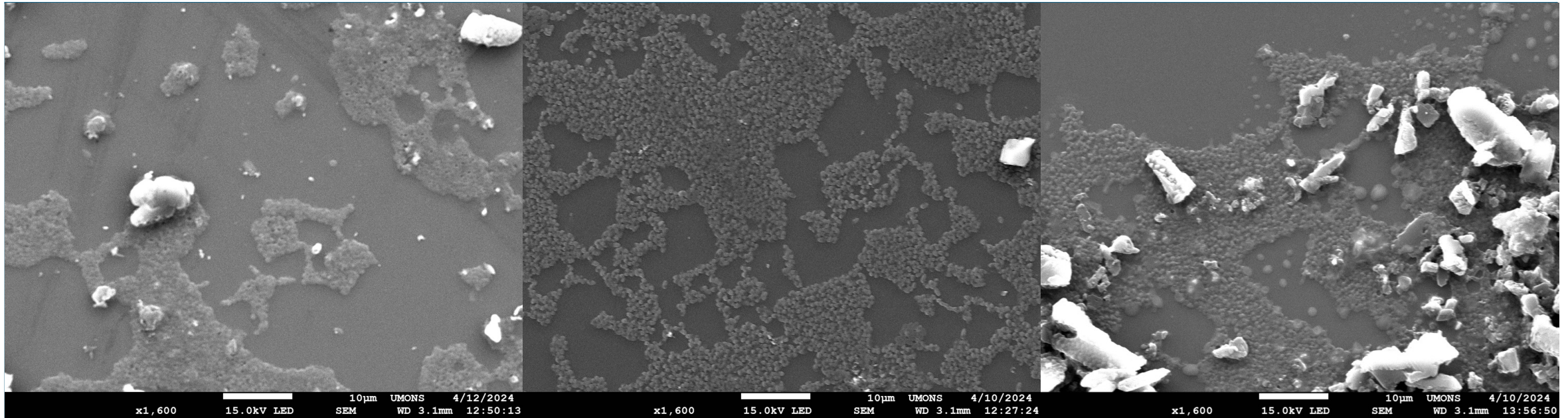


*** p < 0,05 (n=6; average from 6 biological replicates)



*** p < 0,05 (n=6; average from 6 biological replicates)

Scanning electron microscopy of *Pseudomonas aeruginosa* biofilm with Astaxanthin



Oleanolic acid 800µM

21,4% of covered area
Biofilm inhibiteur- positive control

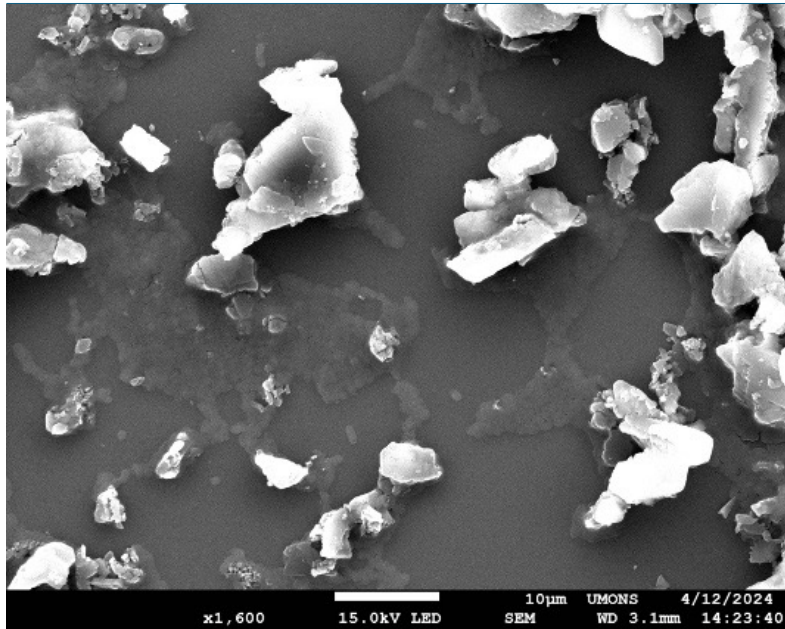
DMSO 1%

61,6 % of covered area
Negative control

Astaxanthin 100 µg/ml

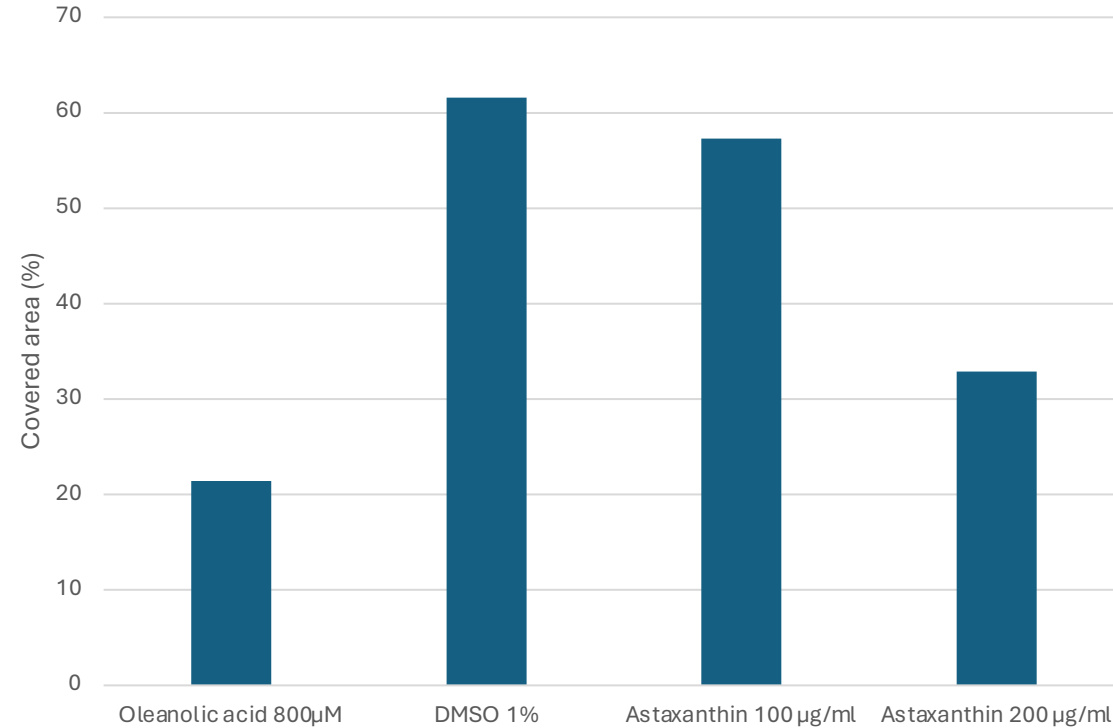
57,3 % of covered area

Scanning electron microscopy of *Pseudomonas aeruginosa* biofilm with Astaxanthin



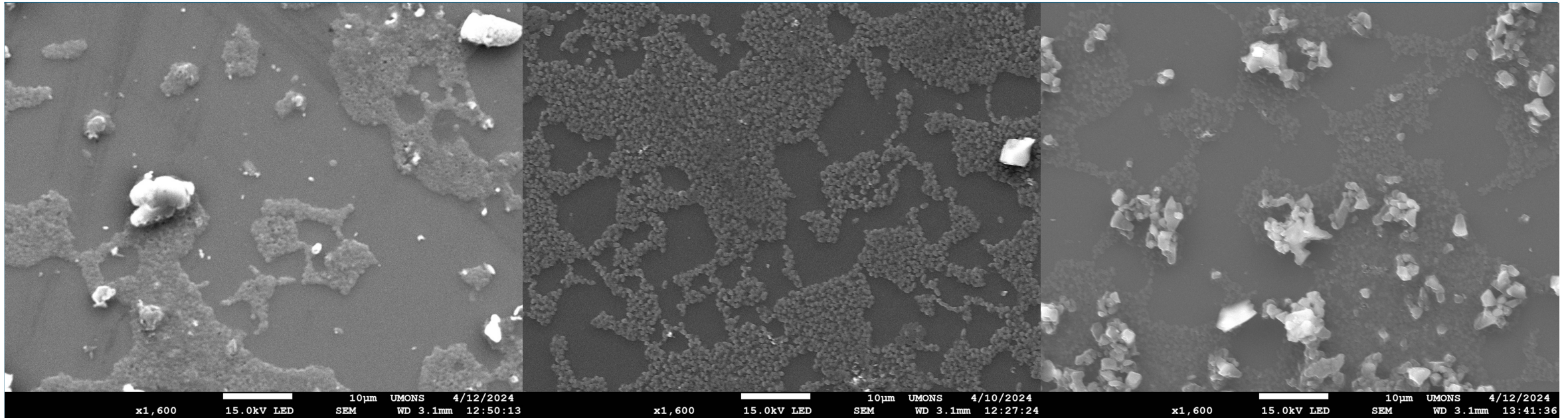
Astaxanthin 200 µg/ml

32,9 % of covered area



(n=3; biological replicates)

Scanning electron microscopy of *Pseudomonas aeruginosa* biofilm with β -carotene



Oleanolic acid 800µM

21,4% of covered area
Biofilm inhibiteur- positive control

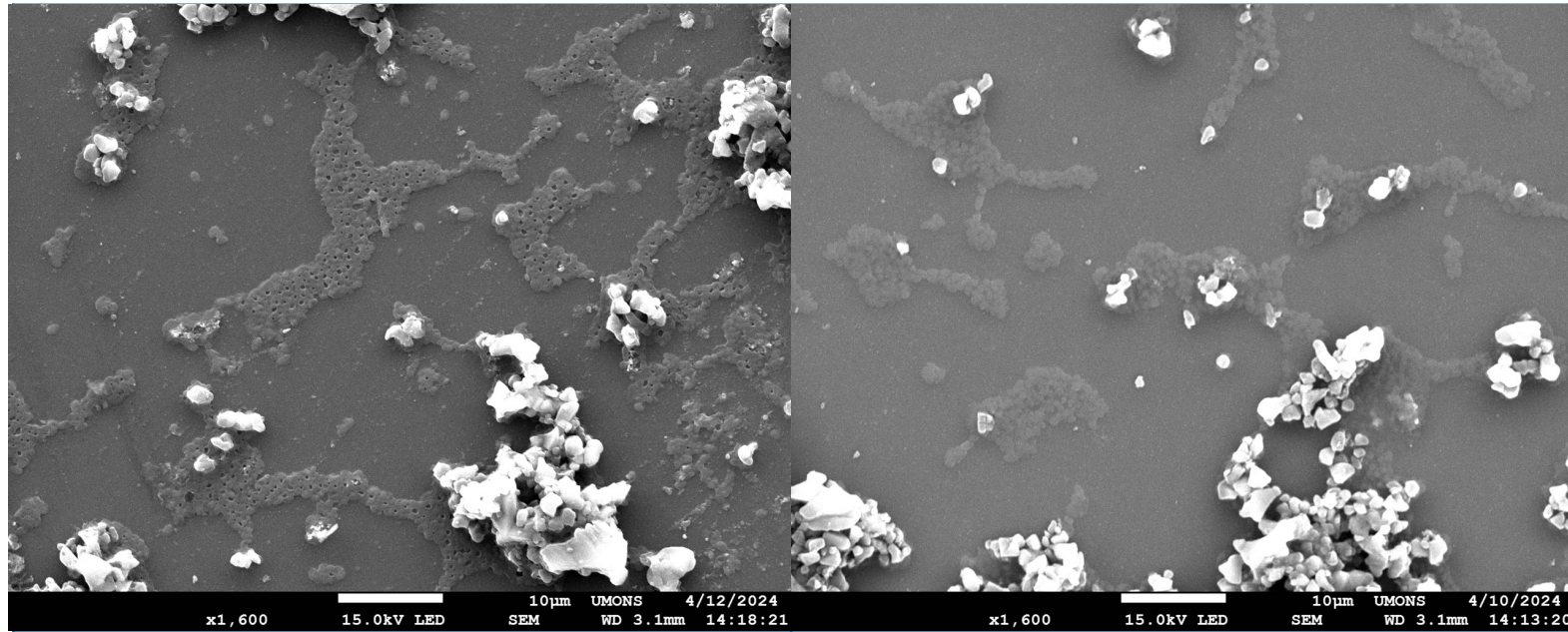
DMSO 1%

61,6 % of covered area
Negative control

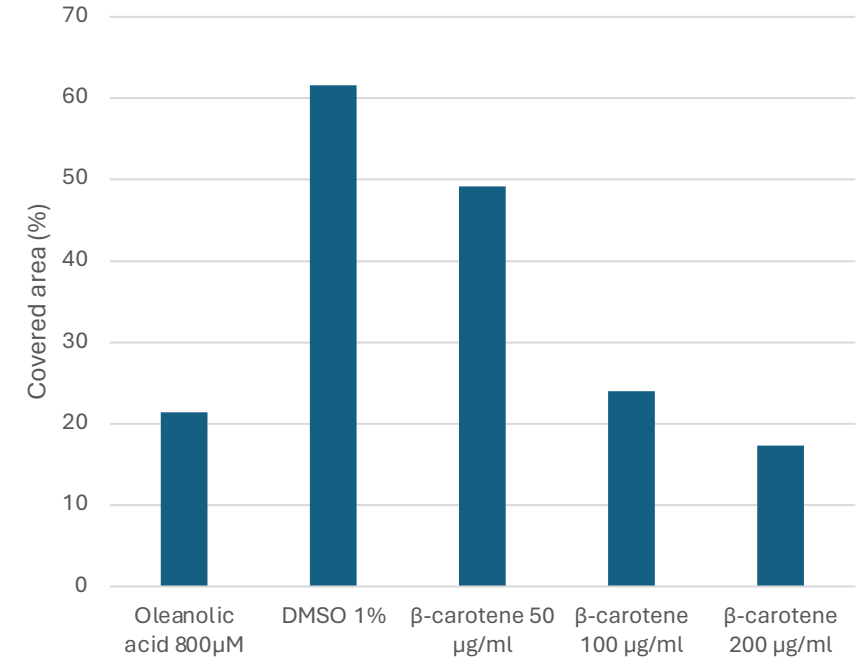
β -carotene 50 µg/ml

49,2% of covered area

Scanning electron microscopy of *Pseudomonas aeruginosa* biofilm with β -carotene



β -carotene 100 $\mu\text{g/ml}$	β -carotene 200 $\mu\text{g/ml}$
24% of covered area	17,3% of covered area



(n=3; biological replicates)

Prospects

- Confirm the biofilm results for *Ipomoea batatas* extract, astaxanthin & β -carotene
- Perform motility assays & pyocyanin assays
- Perform biofilm assay on preformed biofilm & bioreactor biofilm
- HPTLC and HPLC profiling & measurement of primary carotenoids for *Ipomoea batatas* extract